



ALCOHOL/SUBSTANCE DRUG TESTING POLICY

The intent of this Policy is to prevent substance use and abuse by students through education, testing, and professional guidance. The College recognizes its responsibility to provide educational programming that will support a positive decision making process. New Hope Christian College believes that drug testing based on reasonable suspicion is appropriate to ensure the health, safety, and welfare of students; to promote fair competition in intercollegiate athletics; to affirm compliance with applicable rules and regulations on drug and alcohol abuse; to identify students who are improperly using drugs or alcohol; and to assist them before they harm themselves or others.

- Education - providing students and athletic staff with accurate information about problems associated with substance use in general and in sport, promoting health and safety.
- Testing - analyzing biological specimens to detect prohibited substances students may introduce to their bodies and punitive consequences resulting from use.

Dietary Supplements

The College or Athletic Department personnel shall not encourage or advise any student to take performance-enhancing or non-therapeutic drugs. Furthermore, they shall not issue or assist students in obtaining any performance-enhancing or non-therapeutic drugs. Many dietary supplements or ergogenic aids contain banned substances and could result in a positive drug test. Often times the labeling of dietary supplements is not accurate and is misleading. Student athletes currently taking dietary supplements or intending to take any should review the product with the team physicians and/or athletic training staff prior to use. Additional information about dietary supplements may be found at www.drugfreesport.com/.

Medical Exception Process – Student Athletes

New Hope Christian College recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the Athletic Department allows exceptions to be made for those students with a documented medical history demonstrating a need for regular use of



such a substance. Students are required to inform the athletic department, in writing, of all medications (prescribed and over the counter) he/she is taking. The College should maintain, in the Student-Athlete's medical record, a letter from the prescribing physician that documents the Student-Athlete's medical history demonstrating the need for regular use of such a drug. That letter should contain information as to the diagnosis (including appropriate verification), medical history, dosage information, and prescribed length of time for usage. In the event a Student-Athlete tests positive, the athletic trainer, in consultation with the team physician (and/or the Student-Athlete's prescribing physician), will review the Student-Athlete's medical record to determine whether a medical exception should be granted.

Reasonable Suspicion Screening

A student may be subject to testing when the athletic programs manager or student life director (or his/her designee) determines there is reasonable suspicion to believe the participant is using or has used a prohibited substance. Such reasonable suspicion may be based on objective information as determined by a faculty or staff member and deemed reliable by the athletic programs manager or student life director (or his/her designee)

Reasonable suspicion may include, but not be limited to:

1. Reported or observed possession and/or use of prohibited substances.
2. An arrest or conviction for a criminal offense related to the possession or transfer of prohibited drugs or substances.
3. A prior positive test for an illegal substance.
4. NHCC disciplinary action related to prohibited substances.
5. Observed abnormal appearance, conduct or behavior reasonably interpretable as being caused by the use of alcohol, prohibited drugs or substances. Among the indicators which may be used in evaluating a student's abnormal appearance, conduct or performance are: class attendance, significant GPA changes, athletic practice attendance, increased injury rate or illness, physical appearance changes, academic/athletic motivational level, emotional condition, mood changes, and legal involvement.



Determination of reasonable suspicion made by the Athletic Programs Manager or Student Life Director shall be reviewed by the Dean of Student Services (or his/her designee) to assure that the determination is based on reliable information/evidence. The Dean of Student Services may elect to conduct further investigation prior to approving testing and may approve further testing to ensure ongoing accountability.

Testing Procedures:

Drugs to be tested include the following: Urine Test for Cocaine / Marijuana / Opiates / Amphetamines (Adderall) / Methamphetamines / Phencyclidine / Benzodiazepines / Barbiturates / Methadone / Oxycodone (OxyContin/Vicodin) / Ecstasy / Propoxyphene

1. Urine samples will be collected from a 12 panel drug test kit that is FDA cleared and 99% accurate.
2. The student will be asked to administer the test themselves in a designated NHCC restroom. Either the Student Life Director (or his/her designee) or Athletic Program Manager (or his/her designee) will help administer the test and be a witness to confirm the results.

Reporting Results:

Either the Student Life Director (or his/her designee) or Athletic Program Manager (or his/her designee) will report the results to the Dean of Student Services.

Test results will be made available to the Dean of Student Services and/or his/her designee(s) and the President, all of whom shall treat the information with confidentiality. If the test is positive, Dean of Student Services or his/her designee will notify the student, and the student will be asked to notify his/her parent(s). If the student chooses not to notify his/her parents, the Dean of Students Services may do so at his/her discretion.

A violation is defined as any one of the following: The panel indicates a “Positive” result.



Sanctions & Disciplinary Action:

Violations are cumulative for a student's career at NHCC. Failure to meet any of the sanctions/discipline requirements will be considered another violation of this policy and the next subsequent level of sanctions/discipline shall apply.

In addition to the general policies outlined for student discipline in the NHCC Student Handbook, student-athletes may have further sanctions/discipline requirements related to their participation in athletics at NHCC.

Right to Contest:

Students who test positive for a banned substance, including recreational/street drugs may contest in writing to the Dean of Student Services the finding within 48 hours following receipt of notice of the positive finding.

Conclusion:

The intent of this policy is to help ensure that the College supports each student in their academic pursuits and their personal growth in Christian character by providing accountability, discipline and support structures necessary for those who may be struggling with alcohol and substance use and abuse.